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Arts

Quarter 3 – Module 1:
Sarimanok: The Legendary Bird of Maranao



SELF-LEARNING MODULE

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MAPEH – Grade 7
Quarter 3 – Module 1: Sarimanok: The Legendary Bird of Maranao
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Introductory Message

For the facilitator:

As a facilitator, you are expected to orient the learners on how to use this module. You also need to keep track of the learners' progress while allowing them to manage their own learning at home. Furthermore, you are expected to encourage and assist the learners as they do the tasks included in the module.

For the learner:

As a learner, you must learn to become responsible of your own learning. Take time to read, understand, and perform the different activities in the module.

As you go through the different activities of this module be reminded of the following:

1. Use the module with care. Do not put unnecessary mark/s on any part of the module. Use a separate sheet of paper in answering the exercises.
2. Don't forget to answer *Let Us Try* before moving on to the other activities.
3. Read the instructions carefully before doing each task.
4. Observe honesty and integrity in doing the tasks and checking your answers.
5. Finish the task at hand before proceeding to the next.
6. Return this module to your teacher/facilitator once you are done.

If you encounter any difficulty in answering the tasks in this module, do not hesitate to consult your teacher or facilitator. Always bear in mind that you are not alone. We hope that through this material, you will experience meaningful learning and gain deep understanding of the relevant competencies. You can do it!

Let Us Learn

Before we start, I would like to know how far you know about the Arts and Crafts of Mindanao. Specifically, it seeks to achieve the learning competency ***1. Identifies characteristics of arts and crafts in specific areas in Mindanao; A7EL-IIIa-2***

2. Derives elements from traditions/history of a community for one's artwork; A7PR-IIIf-2

And we will focus our learning objectives with the following:

1. *Identify characteristics of sarimanok design of mindanao;*
2. *Discuss the elements from traditions/history of Maranao reflected in the sarimanok design.*

Are you ready? Let's do this. Now, let us start learning about this module. See you and good luck!

Let Us Try

Puzzle It Out!

Instruction: Using your any available art materials. Draw and complete the missing part of the picture below.



Guide Questions:

1. In the picture you have completed, what mythical figure does the picture shows?

_____

2. What features of the artwork you are attracted to??

_____

Let Us Study

Arts of Mindanao

Sarimanok: The Legendary Bird of Maranao

Mindanao, referred to as "The Land of Promise," is the second largest and southernmost island in the Philippine archipelago. Mindanao also has the largest concentration of ethno-linguistic groups and culturally diverse islands. These groups are mostly Muslim.

The artistry and fine craftmanship of the Muslims who dwell on the western and central part of Mindanao is, no doubt, an art form that Filipinos could be proud of. It is truly an art Filipinos could call their own. The Tausugs, Yakans, Maguindanaons, and Maranaos traced their descent from Malay-Indonesian race and their firm inclusion into Philippine geographic-political sovereignty make them truly Filipinos. The Tausugs of Sulu are excellent artisans of fine crafts and artist. The Maguindanaons of Cotabato Province are skillful weavers of fine mats and baskets while the Yakans of Sulu and Basilan are excellent silk and cotton textile weavers. Their design of okir, torogan, lantaka and sarimanok, among others, could stand along as one of the high-quality Asian Folk arts.

The ***Sarimanok*** is a legendary bird of the Maranao. It comes from the words "sari" meaning cloth or garment and "manok" for chicken.

It has become a significant symbol of Maranao art. It is depicted as a fowl with colorful wings and feathered tail, holding a fish on its beak or talons. The head is profusely decorated with scroll, leaf, and spiral motifs. It is said to be a symbol of good fortune.

One of the distinct features of Sarimanok is the colorful feathers.



Photo by: Louie Betrana of

www. auctions.webbs.co.nz

Before Islam came to the Philippines, early Filipinos worshipped nature and believed that plants and inanimate objects are home to ancestral spirits. They also believed that natural phenomena are caused by gods. This indigenous belief system is called animism. The conversion of the natives and the arrival of Muslim traders and merchants resulted in new forms of artistic expression. This fusion of beliefs created a unique blend of spirituality and creativity.



© Renato S. Rastrollo / NCCA - ICH (2011)

There are many speculative interpretations about the Maranao bird. The fact is nobody really knows how it began. However, the late Dr. Mamitua Saber, a Maranao sociologist said that artist choose concepts from their environment. He pointed out how decorative motifs like Sarimanok and all others were derived from the nature about Lake Lanao. **Maranao** means "People of the Lake," referring to people who occupy the lands surrounding Lake Lanao.

The culture of Maranao is abundant with design called "Okir," a geometric and figurative pattern that depict animal, plants, and mythical figures. Sarimanok is one that embodies okir.

Follow up question: What distinct characteristics of the Sarimanok were shown?

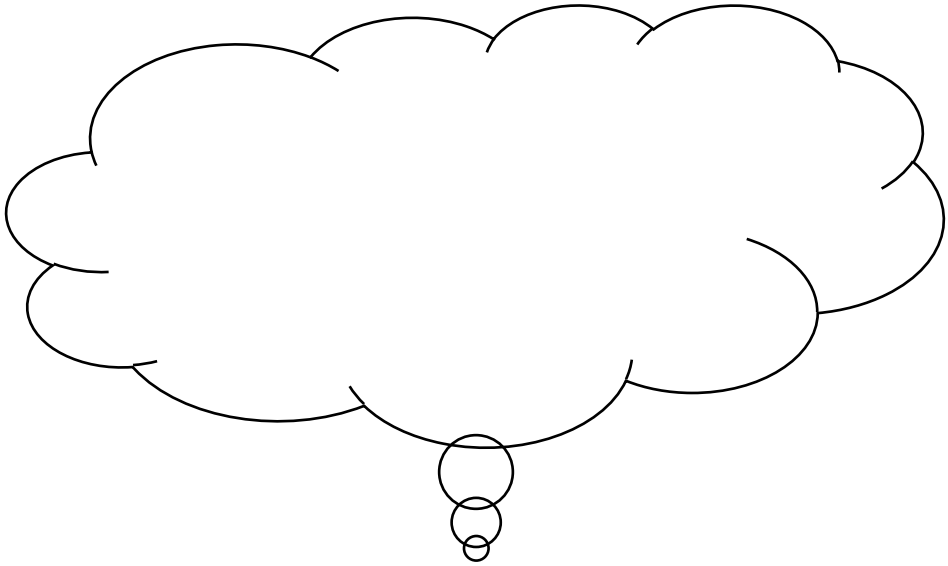
_____

_____

Let Us Practice

DISCUSSION CIRCLE

On the space provided below, discuss how the traditions/history of Maranao are being reflected in their artworks particularly the Sarimanok.





Criteria		
Relevance		- 5
Organization of words		- 5
Total	=	10 pts

Let Us Practice More

Below is a maze with barrier questions. Complete the maze by tracing the direction of the chicken going to a house. To finish the maze, answer the barrier questions and check the location icon. Ex. ( ) Put your answer on the space provided.

QUESTIONS:

1. Name of the legendary bird of Maranao
2. Distinct features of Sarimanok
3. It is where sarimanok was derived from
4. Is the symbolism of Sarimanok
5. A geometric and figurative pattern that depict animal, plants, and mythical figures.

ANSWER

1. _____

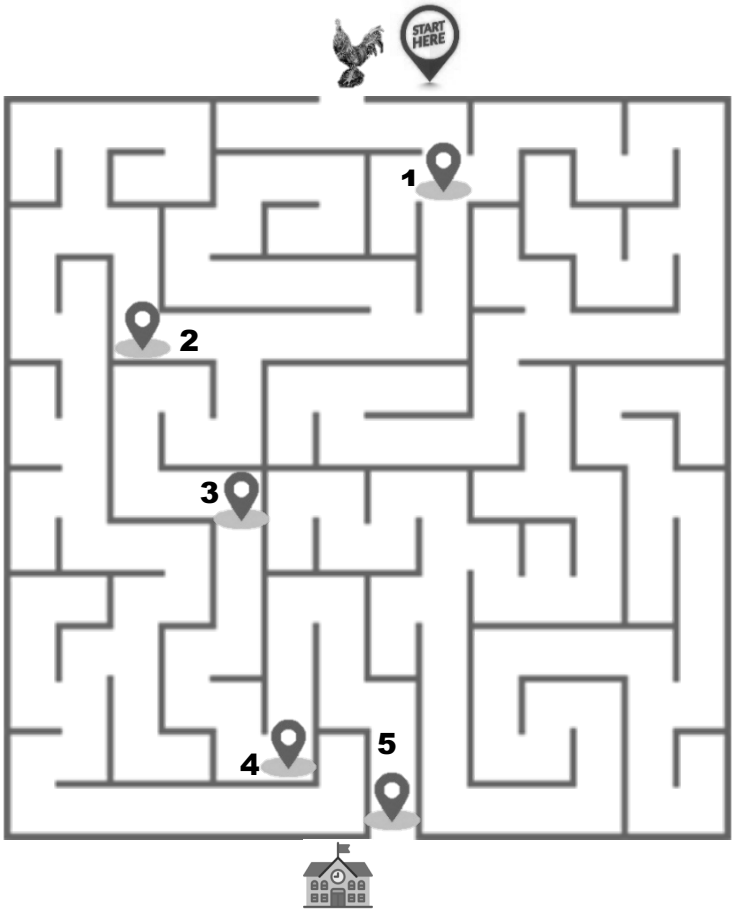
2. _____

3. _____

4. _____

5. _____

YOU DID IT!





Let Us Remember

Sarimanok: The Legendary Bird of Maranao
• Sarimanok is a legendary bird of Maranao, depicted as bird with colorful wings and feathered tail, the head is profusely decorated with scroll, leaf, and spiral motifs. It is a symbol of good fortune for Maranao • Maranao means "People of the Lake" , famous for their artwork, intricate weaving, wood carving, metal craft and their epics.



Let Us Assess

Direction: Encircle the letter of your answer

1. What is the legendary bird of maranao?
   a. Eagle c. Sarimanok
   b. Maya-maya d. Love Birds

2. What are the distinct features of Sarimanok?
   a. Decorated with scroll, leaf, and spiral motifs
   b. Fowl with colorful wings and feathered tail
   c. Holding a fish on its beak or talons
   d. All of the above

3. Sarimanok comes from the word "sari" which means _____.
   a. Flying c. Sacred
   b. Cloth or garment d. Magical

4. The culture of Maranao is abundant with design called _____a geometric and figurative pattern that depict animal, plants, and mythical figure.
   a. Torogan c. Vinta
   b. Lantaka d. Okir

5. A belief that natural phenomena are caused by gods. This indigenous belief system is called _____.
   a. Animism c. Religionism
   b. Buddhism d. Patriotism

6. A Maranao sociologist believed that artist choose concepts from their environment. From this idea, where does Sarimanok derived from?
   a. Religious belief c. Nature of Lake Lanao
   b. Culture d. History

7. It refers to the people of the lake.
   a. Maguindanoaon
   b. Maranao
   c. Lumad
   d. Tausug

8. It is a significant symbol of Maranao art.
   a. Okir
   b. Vinta
   c. Golden chicken
   d. Sarimanok

9. Mindanao is the second largest southernmost island in the Philippine archipelago and is popularly known as _____.
   a. The Land of Smile
   b. The Land of Promise
   c. The Summer Capital
   d. The Holy Land

10. Below are the tribes of the ethno-linguistic group muslim, EXCEPT ONE.
   a. Tausug
   b. Yakan
   c. Maranao
   d. Mandaya

11. A tribe known as excellent artisans of fine crafts.
   a. Tausug of Sulu
   b. Yakans of Sulu
   c. Maguindanaons of Cotabato
   d. Maranao of Sulu

12. A tribe known as weavers of fine mats and baskets?
   a. Tausug of Sulu
   b. Yakans of Sulu
   c. Maguindanaons of Cotabato
   d. Maranao of Sulu

13. A tribe known as excellent silk and cotton textile weavers.
   a. Tausug of Sulu
   b. Yakans of Sulu
   c. Maguindanaons of Cotabato
   d. Maranao of Sulu

14. The design that could stand along as one of the high quality Asian folk arts.
   a. Okir
   b. Torogan
   c. Lantaka
   d. All of the above

15. Sarimanok said to be the symbol of _____.
   a. Good fortune
   b. Hope
   c. Love
   d. All of the above



Let Us Enhance

Based on what you have read and understand from the readings above, describe in your own words the concepts that are given:

1. Sarimanok-

_____

_____

2. Maranao art- _____
   _____

3. Art style- _____
   _____

4. History/Tradition- _____
   _____

5. Community- _____
   _____



Let Us Reflect

Today you have learned the Arts of Mindanao particularly the Sarimanok a symbolism of Maranao. The arts of Mindanao shows the colorful and rich cultural background. Their designs are derived from their surroundings and represent their community. Some are used for religious activities while some have a utilitarian function and even became a large industry for them. Sarimanok for example, is an important part of Maranao peoples' cultural heritage, it is invoked in many rituals and it showcases their unique artistic geniuses and what started as a cultural heritage from the south of the Philippines has already been adopted by the whole country and nowadays, it has become one of its enduring symbols.

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Congratulations! You have accomplished this module and you did a great job! I hope you enjoy answering this module and continue this enthusiasm with the following modules. See you! God Bless



Guide Questions:

1. Chicken
2. The answer depends on the perspective of the students

Follow up Question:

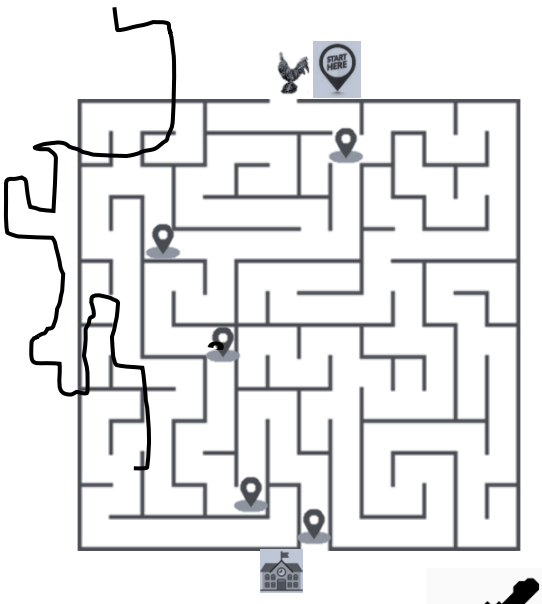
The distinct characteristics of sarimanok is the colorful feathers

1. C	11. A
2. D	12. C
3. B	13. B
4. D	14. D
5. A	15. A
6. C	
7. B	
8. D	
9. B	
10. D	

Act: Discussion Table

Decorative motifs like Sarimanok and all others were derived from the nature about Lake Lanao. The culture of Maranao is abundant with design called “Okir,” a geometric and figurative pattern that depict animal, plants, and mythical figures. Sarimanok is one that embodies okir.

1. Sarimanok
2. Colorful feathers
3. Nature of Lake Lanao
4. Good Fortune
5. Okir



Answer Key



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